

Course Description

SLS 1502 | College Study Skills | 1-3 variable credits

Skills, techniques and procedures for mastering study strategies such as taking classroom and lecture notes, mastering tests, developing memory/recall, actively listening, and proper management of time. (1 to 3 hr. lecture)

Course Competencies

Competency 1

The student will demonstrate general knowledge of effective study skills and personal success strategies by:

1. Applying active reading and reading comprehension skills
2. Identifying math and test anxiety triggers as well as applying effective coping strategies
3. Developing strategies for critical thinking, memory enhancement, and effective test-taking skills
4. Developing strategies for effective time management, including evaluation of time usage, SMART goal setting, and effective use of calendars

Learning Outcomes

- Communication
- Critical Thinking
- Information Literacy

Competency 2

The student will explore and apply effective recall/memory by:

1. Assessing his/her own recall/recognition skills
2. Identifying evidence-based memory strategies that are fundamental to effective study skills
3. Utilizing mnemonic devices as well as appropriate notetaking

Competency 3

The student will demonstrate utilization of discipline specific study skills and comprehension by:

1. Assessing his/her own learning style and identifying study skill strengths and areas for improvement that align with a particular meta-major (STEM; arts, humanities, & communication; business; etc.)
2. Identifying various discipline-specific study strategies, selecting, and applying a strategy appropriate to a specific content area
3. Utilizing the campus library and computer facilities to locate discipline-specific information

Competency 4

The student will identify and demonstrate utilization of college resources by:

1. Identifying resources available at the college for successful academic progress
2. Developing strategies for working effectively with professors both inside and outside of the classroom
3. Expressing his/her needs to the appropriate support resources at the college
4. Exploring student organizations and college resources that enable networking (student government; Institute for Civic Engagement and Democracy; Student Life; etc.)